



Coomb Briggs Primary Academy

PSHE - Intent, Implement, Impact



Intent:

Our Health Education (PSHE and RSE) aims to equip children with the essential skills for life and aims to develop the whole child to support them to develop their skills and knowledge they need to protect and deepen their wellbeing. Throughout the curriculum, children will learn how to stay safe and healthy, build and maintain successful relationships and become active citizens, responsibly participating in society around them.

The curriculum coverage is fully in line with the Learning Outcomes and Core Themes provided by the PSHE Association Programme of Study. This scheme of work covers all of the required objectives and follows the three core areas of Health and Wellbeing, Relationships and Living in the Wider World. The scheme of work fulfils the requirements of 2020 Statutory Relationships and Health Education, setting these learning intentions in the context of a broad and balanced PSHE curriculum.

Implementation:

The scheme of work is taught in thematic units, which consist of six outcomes which are taught in a block within the schools 'Health Education days' each half term. It is taught on a spiral curriculum where the different themes are revisited and built upon. This enables children to recall and build upon previous learning, exploring the underlying principles of PSHE education regularly at a depth that is appropriate for the age and stage of the child. The units are designed to be delivered creatively, using many approaches such as role play, discussion and games with groups of various sizes. These activities enable children to build confidence and resilience. Resources are also provided for communicating with parents and carers about how and why each theme is covered and suggestions for extending the learning at home. Assessment for learning opportunities are built into each lesson and each session begins with a discussion of children's existing knowledge and experience. Each lesson ends with an opportunity to consolidate and reflect upon learning.

Impact:

Children will be able to develop their vocabulary and confidence to enter into discussions about their thoughts and feelings with openness, trust and respect. They will be able to understand where they can go to seek help and support from others. It will build the children's awareness and understanding of society and interactions from the classroom to the wider world and equip them with the skills they need beyond the classroom. Children will be able to understand and recognise the importance of their physical and mental health and wellbeing, which can have a positive impact on the whole child, including their academic development and progress, by mitigating any social and emotional barriers to learning and building confidence and self-esteem. Evidence suggests that successful PSHE education also helps disadvantaged and vulnerable children achieve to a greater extent by raising aspirations and empowering them with skills to overcome barriers they face.