



PE - Intent, Implement, Impact

Intent:

Our intent is to provide a high-quality Physical Education curriculum that inspires all pupils to succeed and excel in competitive sport and other physically demanding activities, promoting a lifelong love of movement and a healthy, active lifestyle.

By the end of primary school, our pupils will have:

Motor Competence: Developed fundamental movement skills (running, jumping, throwing, catching, balance, agility, and co-ordination) and be able to confidently apply them across a broad range of sports and physical activities.

Rules, Strategies, and Tactics: Gained the knowledge to understand and apply basic principles of attack and defence, and devise simple tactics for individual and team games.

Healthy Participation: Understood the short-term and long-term benefits of physical activity on their physical and mental wellbeing, including knowing how to maintain fitness and make healthy lifestyle choices.

Character Development: Build confidence, resilience, and character by learning how to cooperate, collaborate, compete fairly, and show respect for teammates and opponents.

Safety and Life Skills: Acquired the vital life skill of swimming competently and safely.

Implementation:

Our intent is delivered through a well-structured, progressive, and inclusive P.E. program:

- **Timetable & Structure:** Pupils receive high-quality P.E. each week, covering the full breadth of the National Curriculum (games, gymnastics, dance, athletics, swimming, and outdoor adventurous activities).
- **Progression & Sequencing:** We use a scheme of work that is carefully sequenced to ensure skills and knowledge are built upon year-on-year. New skills are introduced, practised in isolation, and then applied in competitive and cooperative contexts.
- **Inclusivity and Challenge:** Lessons are designed to be challenging yet accessible for all pupils, including those with Special Educational Needs and Disabilities (SEND). Differentiation is used to provide appropriate support and stretch, ensuring all pupils can achieve personal success.
- **Wider Opportunities:** We promote physical activity beyond timetabled P.E. through:
 - The Daily Mile or similar sustained physical activity.
 - A broad range of extra-curricular sports clubs (before and after school).

- Regular participation in inter-house and inter-school competitions (School Games).
- Leadership opportunities (e.g., Year 6 Sports Leaders leading lunchtime activities).
- Staff Expertise: P.E. is delivered by class teachers and, in some units, by specialist sports coaches to ensure high-quality modelling and instruction.

Impact:

The impact of our P.E. Curriculum is evident in the positive, measurable outcomes for all pupils, linked directly to our intent.

- Physical Proficiency: Pupils will demonstrate clear progression in their fundamental movement skills and the ability to combine these into complex sequences and game situations by the end of each Key Stage.
- Participation and Enjoyment: High levels of pupil engagement and enjoyment in P.E. lessons, evidenced through pupil voice, with a large percentage of pupils willingly participating in school and extra-curricular sport.
- Healthy Lifestyles: Pupils can articulate and apply their understanding of healthy eating and the importance of exercise for both physical and mental health, demonstrating a commitment to an active lifestyle.
- Values and Character: Pupils consistently demonstrate our core school values in a sporting context, such as resilience when facing a challenge, effective teamwork, and respectful sportsmanship, which they transfer to other areas of school life.
- Attainment: The vast majority of pupils will meet the National Curriculum expectation for swimming by the end of Key Stage 2, being able to swim competently, confidently, and proficiently over a distance of at least 25 metres.